

**STOP Worrying!**  
**Traffic Tickets?**  
**SAEED A. KHAN**  
 Former Toronto Police Officer & Court Officer

ALL TRAFFIC VIOLATIONS  
 • CIVIC OFFENCES  
 • DRIVE IN TOLERANCE  
 • LANDLORD TENANT DISPUTES  
 • SMALL CLAIMS COURTS  
 • CRIMINAL MATTERS (SUAMI)

Off: 416-423-4964  
 Cell: 647-283-5426 Fax: 416-423-2165  
 E-mail: sa2pak@hotmail.com

1237 Woodbine Ave., Toronto, ON M4C 4E5  
**SOS PARALEGAL SERVICES**

Follow us on Twitter and Facebook : Sagennext

THE ONLY SOUTH ASIAN MAGAZINE FOR ALL SOUTH ASIAN MARKETS

South Asian  
**Generation Next**

PH: 905-279-5600 | Email: pakistanpost2@hotmail.ca Vol 15 | Issue 468; December 29, 2022 www.pakistanpostcanada.com

اپنے گھر کے لیے تعمیراتی کامیں

کراپ \$999 تک کیلئے مقرر ہے۔  
 کمپنی کی مالیتیں  
 کم سے کم 0.75% پیش سروسٹ  
 0.8% Down Payment

CALL: MAZHER IQBAL  
 416-875-4488  
 Ph: 905-268-1000  
 Off: 905-268-1000  
 Email: mazer@mazeer.com

## Near half of Canadians want a 2023 election, says Ipsos poll. But should Trudeau run?

Nearly half of Canadians want there to be a federal election in 2023, according to a new poll from Ipsos.

While the deadline for the federal election is 2025, the NDP has agreed to keep the Liberal minority government in power until then as long as it abides by the terms of the governance deal struck between the two parties earlier this year.

That might explain why, despite 49 per cent of Canadians hoping for a federal election, a slightly smaller number - 43 per cent - said in the Ipsos poll that they actually think it will happen.

"When we typically go and ask this question on surveys, you find that all the opposition voters want elections. People who are voting for the government on the other side don't necessarily want an election," said Darrell Bricker, CEO of Ipsos, in an interview with Global News.

"I think that's what we're seeing here. So, yes, that there seems to be a strong desire to have an election, although there isn't a high expectation that there will be one."

The desire for a federal election isn't even across the country, however.

While a majority of those polled in British Columbia, Alberta, Atlantic Canada and Saskatchewan want an election next year, less than half of Ontarians and Quebecers are hoping to go to the polls in 2023.

"Canadians aren't overwhelmingly desirous of an election, particularly -

interestingly enough - people in Ontario and Quebec," Bricker said.

"We've just been through elections, so it looks like 2023 could very much be a stand-pat year in Canadian politics."

Although Bricker added, "nothing can happen."

Younger Canadians are also far more likely to want to cast a vote next year. Among those aged 18 to 34, 65 per cent said they wanted an election, while less than half of those aged 35 and up said they're hoping for a 2023 federal vote.

However, a slim majority of those polled are hoping one politician won't be running in the next election: Prime Minister Justin Trudeau.

Fifty-four per cent of those polled said Trudeau should step down as the leader of the Liberal Party in 2023, though just 27 per cent said they believe he'll do so.

That sentiment reflects a "continuing pattern that we've seen since 2019," Bricker said.

"They simply aren't back to where they were in 2019 - that sense of an absolute daring that Canadians really got behind, that's not what Justin Trudeau is," he said.

Still, Trudeau's approval rating remains at 45 per cent among the Canadians who were polled - ahead of Conservative Leader Pierre Poilievre, who got a 41 per cent approval rating.

"There have been a few

## Canada's economy eked out 0.1% growth in October and stalled in November, Statscan says

Canada's gross domestic product expanded by 0.1 per cent in October, as growth in the service sector was barely enough to offset shrinkage in goods-producing industries.

Statistics Canada reported Friday that the GDP figure for October was a slowdown from 0.2 per cent growth seen the previous month. And early numbers for November suggest no growth at all.

The service sector has grown for six months in a row while the goods sector has contracted for four months in a row, the data agency said.

Output from the oil and gas sector fell by two per cent, while the manufacturing sector shrank by 0.7 per cent.

On the other side of the ledger, wholesale trade expanded by 1.2 per cent and the public sector grew by 0.4 per cent. The accommodation and food service sector expanded by one per cent, its third month of growth in a row.

The service sector got a boost from some unexpected places during the month with the performing arts, spectator sports and related industries increasing by 4.7 per cent during the month.

Blue Jays and NHL games boosted the economy a little.

"That was largely due to the Toronto Blue Jays, who had five

## Ontario plunging into energy storage as electricity supply crunch looms

Ontario is starting down an electricity supply crunch and amid a ramp to secure more power, it is plunging into the world of energy storage - a relatively untested solution for the grid that experts say could also change energy use at home.

Beyond the sprawling nuclear plants and waterfalls that generate most of the province's electricity sit the batteries, the underground caverns storing compressed air to generate electricity, and the spinning flywheels waiting to store energy at times of low demand and inject it back into the system when needed.

The province's energy needs are quickly rising, with the proliferation of electric vehicles and increasing manufacturing demand for electricity on the horizon just as a large nuclear plant that supplies 14 per cent of Ontario's electricity is set to be retired and other units are being refurbished.

The government is seeking to extend the life of the Pickering Nuclear Generating Station, planning an import agreement for power with Quebec, rolling out conservation programs, and - controversially - relying on more natural gas to fill the looming gap between demand and supply.

Officials with the Independent Electricity System Operator say a key advantage of natural gas generation is that it can quickly ramp up and down to meet changes in demand. Energy storage can provide that same flexibility, those in the industry say.

Energy Minister Todd Smith has directed the IESO to secure 1,500 megawatts of new natural gas capacity between 2025 and 2027, along with 2,500 megawatts of clean technology such as energy storage, which together would be enough to power the city of Toronto.

It's a far cry from the 54 megawatts of energy storage in use in Ontario's grid right now.

"The one thing that we want to ensure that we do is continue to invest in clean generation as much as possible, and affordable and clean generation that's reliable," he said.

Rupp Carverson, director of the Environmental Energy Institute at the University of Windsor, said the timing is good.

"The space is there, the technology is there, and the willingness among private industry to respond is all there," he said. "I know of a lot of companies that have been nibbling their hands together, looking at this potential to construct storage capacity."

Justin Rangoni, the executive director of Energy Storage Canada, said because of the relatively tight timelines, the 2,500 megawatts is likely to be mostly lithium batteries. But there are many other ways to store energy, other than simple battery.

"As we get to future procurements and as years pass, you'll start to see possibly pump storage, compressed air, thermal storage, different battery chemistry," he said.

Pump storage involves using electricity during off-peak periods to pump water into a reservoir and slowly releasing it to run a turbine and generate electricity when it's needed. Compressed air works similarly, and old salt caverns in Goderich, Ont., are being used to store the compressed air.

In thermal storage, electricity is used to heat water when demand is low and when it's needed, water stored in tanks can be used as heat or hot water.

Flywheels are large spinning tops that can be used to power a turbine and produce electricity. A flywheel facility in Missis, Ont., also installed solar panels on its roof and became the first solar storage hybrid facility in Ontario, said top IESO official.

Katherine Sparkes, the IESO's director of innovation, research and development, said it's exciting, from an agri perspective.

"As we kind of look to the future and we think about gas phase out and electrification, one of the big challenges that all power systems across North America and around the world are looking at is how do you accommodate increasing amounts of variable, renewable resources and just make better use of your grid assets," she said.

"Hybrids, storage generation pairings, gives you that opportunity to deal with the variability of renewables, so to store electricity when the sun isn't shining, or the wind isn't blowing, and use it when you need it."

# THINKING OF BUYING OR SELLING?



## Seller's

List your Home For Only

# \$999

\* some conditions Apply  
 (2.5% Extra for the co-operating brokerage)

## Buyer's

Get the **1%** Cash Back

Call Us Before Selling or Buying Your Home  
 This will Save you Thousands of \$\$\$\$

Call: **Azfar Amin**  
 Sale Representative **416-858-5114**

**TEAM AMIN** TAKE YOU TO THE RIGHT DIRECTION  
**CITYSCAPE** REAL ESTATE LTD. BROKERAGE  
 The Art of Realty

## Nearly Two-Thirds of Ontarians Are Spending Over 30% of Their Household Budget on Housing

Latest poll from OREA shows rising interest rates have worsened the housing affordability crisis, but the desire to own a home is growing, with nearly 7 in 10 non-homeowners identifying as someone who 'really wants to own a home' - a 9% increase from January.

TORONTO, Dec. 20, 2022 (GLOBE NEWSWIRE) -- New polling released today by the Ontario Real Estate Association (OREA) confirms that the rising cost of living is greatly impacting Ontario's families - and shows that the pressures of rising interest rates have worsened, not improved, overall housing affordability in the province.

Conducted by Abacus Data for OREA, the Housing Affordability in Ontario: Perceptions, Impacts, And Solutions (Wave 3) report found that 66% of Ontarians spend over 30% of their household budget on housing. Further, 95% agree life is more expensive today than it was just two

years ago, with nearly half reporting they may have to make difficult choices to make ends meet. Many Ontarians families are reducing entertainment or meals out, driving less, and spending less on groceries to cut back on high rising rates.

However, the desire to own a home is growing, particularly among the province's renters, with 69% of non-homeowners saying they are someone who 'really wants to own a home' (+9). Just 5% identified as 'someone who would be happy renting forever' - a 17% drop from January. "At a time when homeownership rates are on the decline, the desire to own a home is still growing," said OREA President Stacey Evoy. "But these rapid, outsized increases we have been seeing to curb inflation are hurting Ontario's families - and for Ontarians are feeling the financial pressures of inflation amid an existing housing affordability crisis. Housing remains a specimen issue across the province,

and we must work together to keep housing affordable and the dream of homeownership within reach." While decreasing home prices may address one aspect of affordability, it does not help overall affordability: 82% of Ontarians say today's higher mortgage rates are making buying a home more difficult.

Some jurisdictions - like the Province of Ontario and City of Toronto - are making long overdue changes that will improve long-term outlooks on affordability, including changes being implemented through pro-housing legislation like the More Homes Built Faster Act provincially and the HousingTO Action Plan in Toronto.

"Now is the time to stay the course on these important changes. Rising rates might mask the problem as prices dip, but lack of supply remains a key issue," said OREA CEO Tim Hudak. "The Ford Government's More Homes Built Faster Act will help bring affordability closer to hand

and ensure future generations have a fair shot at getting the keys to their own home. But more can still be done, and governments at all levels should be considering policy changes that will help increase both affordability and supply in Ontario's market, particularly when it comes to providing immediate relief."

To help solve the crisis, Ontario's REALTORS® have put several ideas on the table for consideration, including:

"Providing further financial relief for young families and millennials, by doubling the current land transfer tax rebate from \$4,000 to \$8,000, helping first-time buyers afford their first home.

"Revising the mortgage stress test to make it more dynamic and responsive to a changing market - currently, homeownership is not viable for two per cent higher than current rates, or at around 9%.

"Extending the amortization period for CMHC insured mortgages from 25 to 30 years, allowing buyers with less than 20% down to spread their payments out over a longer period of time, reducing their monthly carrying costs.

"Ending exclusionary single-family zoning in high-demand urban areas such as Toronto, allowing for much-needed gentle density and increased supply."

## Justin Trudeau looks back on a tumultuous 2022 in year-end interview



As the calendar counts down the final days of December, Canadians are taking time to reflect on the past year - and Prime Minister Justin Trudeau is no exception.

In a year-end interview with CBC News Chief Political Correspondent Rosemary Barton, Prime Minister Justin Trudeau touched on a number of topics that have been top-of-mind for Canadians over 2022.

The full interview will air on CBC television on Sunday at 11:30 a.m.

Here are five key subjects the prime minister discussed.

**The Emergency Act**  
Trudeau's government invoked the Emergency Act on Feb. 14 for the first time in the law's 34-year history to address protests against COVID-19 restrictions in Ottawa and at a number of Canada's border crossings.

At that point, protesters who were part of the self-styled Freedom Convoy had for weeks gridlocked downtown Ottawa and later began blocking border crossings, starting key trade routes as a result.

"The invocation of the act (which was revoked a little over a week later) gave the federal government temporary powers to deal with the protests - but it also drew much criticism from protesters, opposition politicians and civil liberty advocates.

Barton asked Trudeau if he thought the country had suffered any long-term damage because of the invocation.

"It did, in a very limited way, the job that it was brought in to do," Trudeau replied.

"Nobody got seriously injured, nobody had any lasting effects from it and it cleared the situation."

After weeks of hearings that started in October, the Public Order Emergency Commission is currently weighing whether the use of the act was justified. Its report to Parliament is due by next February.

"If unfortunate, we had to use it. I didn't want to use the Emergencies Act," Trudeau told Barton. "But when we got to that point, as I said in the commission, it was one of the only tools left."

Trudeau said he's looking forward to the commission's recommendations on how similar situations could be addressed in the future.

Restricting firearms  
Trudeau's government has come

under fire in recent months over a controversial amendment to its proposed gun legislation, Bill C-21.

"The bill initially was meant to ban handguns, but an amendment tacked on in committee would expand the list of prohibited weapons to include some hunting rifles.

Trudeau and his cabinet have insisted they aren't targeting hunters with this legislation. But in his interview with Barton, Trudeau said some hunting rifles would be prohibited under the new law if it's passed.

"I'll be entirely honest. There are some guns out there - not many, but some - that hunters are now using for hunting that are overpowered or have characteristics that make them assault-style weapons," he said.

The prime minister said the legislation isn't meant to criminalize those hunters and insisted there would be a buy-back program for guns that fall under the scope of the bill.

The war in Ukraine  
As Russia began its invasion of Ukraine, Canada and other western allies began offering aid to support the Ukrainian military and began accepting refugees as millions began fleeing the country.

Russia suffered a significant number of key losses in recent months but has stepped up missile strikes on Ukrainian civilian infrastructure.

Western allies have discussed a new Marshall Plan-style aid package for Ukraine - a massive injection of foreign capital to fund the country's post-war recovery. Barton asked Trudeau how Canada would be involved in reconstruction. He said Canada would look for ways to participate but insisted Ukraine ultimately would be in charge.

"Canada's absolutely going to be part of reconstruction, but we know that Ukraine needs to be at the centre

of it," he said. "They need to be driving it."

Trudeau said the fact that the war has gone on this long shows Russia is grossly underestimated in its neighbour. He also said Ukrainians who have come to Canada and wish to make it their permanent home are welcome to do so.

"Many of them want to stay. They will be welcomed and continue to be extraordinary Canadians and proud Ukrainians at the same time," he said.

The economy  
Canadians took a hit to their pocketbooks over 2022 due to increases in the cost of living on a scale not seen in decades.

While inflation has begun to ease off, the prices of some necessities - such as groceries - are still rising.

Statistics Canada reports that the annual food inflation rate hit 11.4 per cent last month, up from 11 per cent in October. Gasoline prices declined by 3.6 per cent but are still up 13.7 per cent compared to where they were a year ago.

The NDP has been calling on the federal government to impose a windfall tax on the oil and gas sectors and on grocery store chains - business party leader Jagmeet Singh has accused of engaging in "speculation."

But Trudeau dismissed that idea as "simplistic."

"The last thing we want to do is put on a tax that people then just pass along to the consumers," Trudeau said.

Trudeau also defended the Bank of Canada's interest rate hikes. The Bank of Canada raised its benchmark interest rate by 50 basis points early this month, to 4.25 per cent, in an effort to bring down inflation.

The bank has taken its rate from functionally zero to its highest point since 2008 - its fastest pace of rate hikes since inflation targeting began

in the 1990s. Those rate hikes have contributed to a rise in mortgage rates and the cost of borrowing other loans.

"In Canada we have strong institutions and the Bank of Canada acts independently in a way that I think is best for Canadians. And we respect that," Trudeau said.

Working with the provinces  
New Alberta Premier Danielle Smith last month tabled the Sovereignty Act. It outlines how the province intends to refuse to enforce federal legislation, policies or programs it deems are "harmful to Alberta's interests or infringe upon the division of powers in the Constitution."

While experts say the legislation is unconstitutional, Trudeau has attempted to distance himself from the act, saying at one point he wasn't "looking for a fight" with Alberta.

During his interview with CBC, Trudeau insisted he can find common ground with Smith on certain topics.

"There's lots of things that we can work on," he said.

"I certainly think that moving forward on reaching a deal in health care is something that she's interested in," Trudeau said when Barton prodded him to pick a specific policy.

But the state of health care remains a sticking point with Alberta and the rest of the provinces.

Ottawa and the provinces agree the country's health system is facing a crisis. But when health ministers met in Vancouver last month to hammer out a deal, a disagreement over funding prevented any progress.

The provinces have been calling on the federal government to boost its share of health-care funding. But Ottawa insists it won't offer up any cash until the provinces agree to meet certain conditions - such as increasing access to family health services.

"If I were to send people all the money they need in the provinces, there is no guarantee that... folks would be waiting less time in the hospitals," Trudeau said. "There is no point putting more money into a broken system."

The impact comes as many health-care facilities, particularly children's hospitals, struggle with a shortage of staff and over-whelming demand due to a combination of COVID-19, influenza and respiratory infections.

Quebec Premier Francois Legault said he is more confident after meeting the prime minister Tuesday that the premiers and the federal government can arrive at a health-care deal for long-term increased funding.

"I really sensed there was a desire there to move forward on that issue," Legault said. "I think we're moving in the right direction."

### We are seeking a Live-In Caregiver

We are seeking a Live-In Caregiver to care for an elderly person at her home in Mississauga. You will provide routine healthcare to the patient and accommodation can be provided to you.

**Responsibilities:**

- Provide routine individualized care to the elderly
- Monitor and report changes in patient health status
- Provide personal care, such as bathing and dressing patients
- Provide specialized healthcare such as administering medication and changing bandages
- Teach family members ways to care for patient

**Qualifications:**

- Experience in home health, or other related fields
- Positive and patient demeanor
- Ability to build rapport with others
- Ability to handle physical workload
- Excellent written and verbal communication skills

Please contact Umar Farooq at **416-529-4856** for more information.

dentistrywithcaretoronto.ca  
416 539 9887 smilecitydental17@gmail.com

### SmileCity DENTAL

#### Dentistry With Care

**FREE SPECIFIED DENTAL TREATMENT Paid by the Government**

Dr. AKBAR CHANG, D.D.S.  
Dr. ANIL TEJANI, D.M.D.

We have over 20yrs of experience working with:

- Social Assistance Programs
- Refugee Programs
- Welfare
- ODSP
- First Nations
- Healthy Smiles Ontario Program
- Low Income Families
- Private Insurance Benefits

CALL: (416) 539 9887 FOR AN APPOINTMENT  
Emergencies are seen on the same day!

Multilingual staff and dentist — we speak:  
Arabic, Chinese, French, Hindi, Hungarian, Korean, Portuguese, Sindhi, Sinhala, Spanish, Tamil, and Urdu.

1554 A Bloor Street West, Toronto, ON M6P 1A4

## WORLDWIDE ISLAMIC MARRIAGE BUREAU

مستقلشان 25 برسوں سے Matrimonial Services کی وجہ سے Toronto میں اپنی ایک شناخت رکھتی ہیں بچوں کیلئے رشتہ جانتے جوں بیاہنے کے لیے زیادہ عمر بڑھانے والے جوں یا طلاق شدہ جوں کا تھوک ان سے راہنمائی کریں

کراچ کیلئے نکاح خواہن کا بہتر و بہتر ہے 905-568-5222

محمد علی (انجینئر) اور صوفیہ دین کو شادی کی مبارکباد

Mon-Fri....10AM to 8PM  
Sat .....11AM to 6PM  
Sun .....3PM to 8PM

www.islamicmarriagebureau.com

ORANGENOW

## Orange Now Media

We Are Here!  
We Create and Deliver Quality Videos

- TU Commercials
- TU Shows
- Promotional Videos
- Music Videos
- Product Demos
- Cinematography
- Events Videos and Coverage

Contact :  
Babar Syed : 416-300-1266  
Fahim Khan: 647-786-3546  
Office : 905-270-0144  
www.orangenow.ca

# DID YOU KNOW Karisma Kapoor's Ex-Husband Asked His Mother To SLAP Her For Not Getting Fit Into A Dress After Pregnancy



Bollywood actress Karisma Kapoor might have tasted success in her professional life but she suffered a rough phase on her personal front. Her marriage with business tycoon Sunjay Kapur did not last long as she miserably sufficed at the hands of her ex-husband. Reportedly, Karisma had once lodged a Police complaint against Sunjay accusing him of domestic violence. The reason in the complaint even claimed that Sunjay once asked his mother to slap her just because she could not fit into a dress after her pregnancy.

According to a report in IBT, the Dil To Pagal Hai actress mentioned that Sunjay got married to her only because she was a film star. He wanted to get media attention and thus used her as his trophy wife to show off in an elitist social circle in Delhi. In her

complaint, Karisma reportedly said, "I also realized that he had married me only as I was a famous and successful film star which would facilitate him to be repositioned in the press."

She added, "It came as a surprise that he always wanted to be known in public and be famous, but since he never did any deed worth mentioning, he was not able to garner any attention. Hence, he decided to flaunt me as his trophy wife in an elitist social circle in Delhi where he was trying to gain prominence at that time."

Earlier this month, the song 'Besharam Rang' from the Shah Rukh Khan and Deepika Padukone-starrer Pataali got embroiled in controversy because of the skimpy outfits worn by the actress. On top of that, her orange-coloured bikini became a bigger target as it allegedly hurt the religious sentiments of a section of the Hindus.

Ever since, quite a few people from the Bollywood industry have come out in support of the film. They intend to join the list as the veteran actress Asha Parekh.

She minced no words while sharing her take on the matter in a chat with Aa Tak. "This is very wrong," she said. "It's just a film, after all, whose aim is to entertain people. Now you want to be the film just because an actress is wearing orange? This doesn't look good. Our industry slowly seems to be dying. Films are anyways not doing well and things

# Fans spot Alia Bhatt, Katrina Kaif dresses in Emily In Paris Season 3

What do Alia Bhatt, Katrina Kaif and Emily Cooper have in common? Turns out, it's serving fashion inspiration. Fans who have been binge-watching Emily in Paris Season 3 have spotted similarities between Lily Collins' outfits and those worn by the Bollywood actresses.

In the first episode of Emily in Paris Season 3, Emily (played by Lily Collins) is seen wearing a pink dress and a lavender dress. Eagle-eyed viewers are now convinced that they have seen the very same outfits on Alia Bhatt and Katrina Kaif. A fan page pointed out the similarities.

Alia Bhatt wore a pink printed dress with rose petal details in an appearance on a popular chat show. Emily can be seen wearing the same dress by designer Magda Butary.

In another scene, Emily wears a lavender dress. Katrina Kaif can be seen wearing the same dress in Turkey.

Emily in Paris Season 3 picks up after the events of Season 2 but Emily confined to her personal and professional life. She must decide what she wants. The show also features Ashley Park, Lucas Bravo, Lucien Laviscount, Camille Razat, Melia Kreiling, Paul Forman and more.

# 'Impact Player', home-and-away format to make IPL 2023 more exciting

Each season, the Indian Premier League (IPL) introduces some innovative elements to make it better and more exciting.

The 2023 season of the cash-rich league will be no different. Cricketers will see the introduction of the 'Impact Player' rule and the return of the home-and-away format.

The word 'exciting' naturally comes to everybody's mind when someone talks about 'new' things in life or in general. Likewise, the 'Impact Player' rule and return of the home and away format will completely change the dynamics of the IPL.

A number of team sports like football, rugby, basketball, baseball etc. have long used substitutes. Even in cricket, there have been various kinds of player 'substitutions' in different leagues but 2023 will be the first season to feature an Impact Player.

What is the Impact Player rule and how is it going to work?

According to the Impact Player rule, a team will have to list five substitutes at the toss, in addition to the playing XI. They can use any one of the four substitutes as the Impact Player.

A captain can bring the Impact Player in before the start of an innings, at the end of an over and/or the fall of a wicket or when a batter retires. However, if the bowling side brings in an Impact Player during an over – at the fall of a wicket or if a batsman retires – they will not be allowed to bowl the remaining balls of the over.

The rule further says that the replacement player will play no further part in the game, not even as a substitute fielder. As far as the restriction, if a team names four overseas players in their starting XI, then they can only bring one Indian as the Impact Player. This is to limit the number of overseas players per game to four per team.

However, if a team starts with only three or fewer overseas players in their XI, then they can bring in an overseas player as the Impact Player but they will have to have nominated the overseas player as part of their four substitutes at the toss.

When the bowling team brings in their Impact Player, they will be allowed to bowl their full quota of four overs irrespective of the number of overs bowled by the player they are replacing. Also, there will be no change in the implementation of the Impact Player rule if a delayed start

# R Ashwin, Shreyas Iyer script dramatic come-from-behind win for India in 2nd Test

A dogged 71-run stand between Shreyas Iyer and R Ashwin came to India's rescue as the visitors fought back from a hopeless situation to pull off a three-wicket win over Bangladesh in the second and final Test and clinch the series 2-0 here on Sunday.

With India at 74 for seven chasing 145, Bangladesh were on course for their first ever Test win against their formidable neighbours before Iyer (29 not out off 46) and Ashwin (42 not out off 62) denied them with an unbeaten 71-run stand off 105 balls.

Off-spinner Mithidy Hazrat Mirza (53) gave his all with a five-wicket haul but it did not prove to be enough.

The come-from-behind win meant India wrapped up the series 2-0 to strengthen their chances of a second straight final appearance in the World Test Championship.

Bangladesh spinners were all over the Indians after the start of play on Sunday. Resuming the innings at 45 for four, India lost Jaydev Unadkat (13) in the second over of the day.

After slog sweeping Mirza for a six, Unadkat was caught plumb in front of the stumps with a slider from Shabbir Ali Hasan. Unadkat took the review in desperation but ended up wasting it.

India's crisis man Ritvik Pant walked into the middle and tried to put the pressure back on the opposition with his counter attacking approach. The outplay had changed the course of the first innings with his 93 but fell for size on six occasions with Mirza trapping him before.

It became 74 for seven when a well-set Azar Patel (34) became Mirza's fifth wicket. It was the straighter one again that died into his pads before clipping the leg stump.

India were starting at their maiden defeat against Bangladesh a day before and Ashwin provided a ray of hope with a gritty stand.

The duo was happy to preserve their wicket initially before Iyer changed the momentum with back-to-back boundaries of Shabbir in the 41st over.

# Asha Parekh opens up on 'Besharam Rang' controversy: "We are losing our minds"



Earlier this month, the song 'Besharam Rang' from the Shah Rukh Khan and Deepika Padukone-starrer Pataali got embroiled in controversy because of the skimpy outfits worn by the actress. On top of that, her orange-coloured bikini became a bigger target as it allegedly hurt the religious sentiments of a section of the Hindus.

Ever since, quite a few people from the Bollywood industry have come out in support of the film. They intend to join the list as the veteran actress Asha Parekh.

She minced no words while sharing her take on the matter in a chat with Aa Tak. "This is very wrong," she said. "It's just a film, after all, whose aim is to entertain people. Now you want to be the film just because an actress is wearing orange? This doesn't look good. Our industry slowly seems to be dying. Films are anyways not doing well and things

# Sam Curran's ability to bowl in last five overs separates him from rest: Aaron Finch

Australia's T20 World Cup winning captain Aaron Finch feels that England all-rounder Sam Curran's ability to bowl in the last five overs separates him from the rest.

Curran on Friday became the most expensive buy as well as player in the Indian Premier League (IPL) history after Punjab Kings bought him for a whopping Rs 18.50 crore at the IPL 2023 player auction in Kochi.

There was intense bidding between MI, CSK, RR, LSG, and PBKS for Curran, who was Player of the Tournament at the 2022 T20 World Cup in Australia. However, PBKS eventually got the England all-rounder.

The Australian opener spoke on the value that Curran will bring into Punjab.

"Oh, absolutely, I think Chennai have a history of going after expensive players, knowing what they want. And when you compliment that with the rest of the

# Classified Ads For Toronto, Montreal, Calgary

**MATRIMONIAL**  
A CANADIAN PAKISTANI MALE SEEKING FOR A CANADIAN PAKISTANI FEMALE (WOMAN ON VISIT VISA IN CANADA, ACCEPTABLE)  
AGE UNDER 40 WITHOUT A KID.  
PH / WHATSAPP 0016475708142

**MATRIMONIAL**  
Looking for suitable match for my daughter age 27 years Canadian citizen 5.4 tall pretty smart Sunni well educated belongs to respectable upper middle class from Islamabad presently working in top Canadian company. Parents/Guardians CONTACT WITH FULL DETAILS  
Email: globalraab29@gmail.com or Call 437-779-4010

# South Asian Generation Next

**South Asian Generation Next**  
Call to Place your  
Ph: 905-279-5600  
Fax: 905-270-0046

**ضرورت رشتہ**  
دو بیٹیاں عمر 13 اور 24 سال دونوں کی تعلیم BSC تک ہے اور دونوں نو رمانٹ میں جاچکے رہی ہیں، ہم بھارتیوں کے والدین راہنما کریں۔  
Kavani86@hotmail.com  
416-531-3317

**MATRIMONIAL**  
A Pakistani family, our son age 41, Punjabi, Sunni, Rajput, working as an accountant here in Canada, a family from Lahore. We are looking for a Pakistani girl from USA/Canada or Lahore, age between 30-35. Cast does not matter.  
Only message with WhatsApp/text with full details. 647-833-7649 no call.

**کلاسیفائیڈ اشتہارات**

**All Types of HENNA Call: 416-846-6926**  
Lowest Prices!!! 437-225-1070  
ہر قسم کی ہینا کی کلاسیفائیڈ اشتہارات  
خوبصورت ڈیزائن کیلئے راہنما کریں۔

**ضرورت رشتہ**  
بھارتی بیٹی عمر 38 سال لالہ لالہ ایک نیک و نیک ماں اور باپ کے ساتھ ہے۔ وہ بھارت میں رہتی ہے۔ وہ بھارتی اور پاکستانی دونوں ممالک کے شہری ہیں۔ وہ بھارت میں رہتی ہے۔ وہ بھارتی اور پاکستانی دونوں ممالک کے شہری ہیں۔ وہ بھارت میں رہتی ہے۔ وہ بھارتی اور پاکستانی دونوں ممالک کے شہری ہیں۔  
راہنما: 647-710-0054

**MATRIMONIAL SERVICES**  
SUNNI MATCH SERVICES-Please call Mr. Qadri @ 647-556-4200 for a free consultation and registration. We also provide marriage consultation, Islamic mediation, and marriage preparation services, for additional fees upon request. Our office is conveniently located in Oakville. We will try to help you find the best match, inshallah. Ontario GTA in Canada only, we do not provide services outside Ontario or overseas. Please provide profile in WHATSAPP @ 647-556-4200, or email QADRI@SMATCHCA or visit us on the web: SMATCHCA. Sunni Muslims and serious inquires only please

**ضرورت رشتہ**  
38 سال کی خاتون جو بھارت میں رہتی ہے۔ وہ بھارتی اور پاکستانی دونوں ممالک کے شہری ہیں۔ وہ بھارت میں رہتی ہے۔ وہ بھارتی اور پاکستانی دونوں ممالک کے شہری ہیں۔  
بہتر صاف رنگ کیلئے کنیڈیا میں موجود Immigrant/Canadian ممالک کے شہری ہیں۔  
45 سال سے زیادہ عمر ہو، جو بھارت میں رہتی ہے۔  
647-544-3868 | UN745@hotmail.com

**2 Bedroom Basement in MISSISSAUGA**  
2 Bedroom Basement in Mississauga, Paul Henderson/Leath Line. Well Lighted-legal Separate Entrance. Immediate Available Rent \$1800 Preference Small Family.  
All: 647-785-1760

**MOVING PLUS**  
Home, Apartment, Office  
FOR FREE ESTIMATE Call: Amin 24hour 416-786-6000

**MATRIMONIAL**  
Our son, age 34 years, height 5'10", Canadian born & raised. Well educated, traditional & culturally well nourished. MS Degree in Accounting from UGA university & also working in USA. Looking for suitable girl, single, age 25-30, Canadian or US citizen.  
PLEASE CONTACT BY  
416-423-5620

**LOOKING FOR OTHER HALF**  
Hi my name is amer I am 40 yrs old male live in United States I am hoping to find my other half I am looking for someone single divorced widower with kids or without if you're interested you can email me at siakot07@yahoo.com or text me at 904-805-6792

**MATRIMONIAL**  
Looking for proposals for 2nd marriage from widow, Orphan, homeless, refugees, arab/Asian or any country must be very religious and good character upto 40 yrs for 60yrs old /young looking person  
Contact with Detail:  
zayraber@gmail.com

**MATRIMONIAL SERVICES**  
SUNNI MATCH SERVICES-Please call Mr. Qadri @ 647-556-4200 for a free consultation and registration. We will try to help you find the best match, inshallah. Ontario GTA in Canada only. Please provide profile in WHATSAPP @ 647-556-4200, or email SUNNIMATCH@GMAIL.COM or visit us on the web: SMATCH.COM. Sunni Muslims only please, serious inquires only.

**MATRIMONIAL**  
Pakistani Sunni Muslim Family looking for suitable match for our son, 33 years old, never married; born and university educated in Canada; Working for Government. Girl should be 25-30 years old.  
PLEASE CONTACT BY PHONE: 905-746-0676

**ضرورت رشتہ**  
34 سال کی بھارتی بیٹی جو بھارت میں رہتی ہے۔ وہ بھارتی اور پاکستانی دونوں ممالک کے شہری ہیں۔ وہ بھارت میں رہتی ہے۔ وہ بھارتی اور پاکستانی دونوں ممالک کے شہری ہیں۔  
دینی گھروں کے ساتھ MS کے ساتھ 40 سال تک کا لڑکا جو بھارت میں رہتا ہے۔  
Canadian Citizen اور بھارتی بیٹی کی ذمہ داری اٹھانے والا اسلامی ذہن ہو۔  
Contact: 647-529-3166

**ضرورت رشتہ**  
بھارتی بیٹی عمر 38 سال لالہ لالہ ایک نیک و نیک ماں اور باپ کے ساتھ ہے۔ وہ بھارت میں رہتی ہے۔ وہ بھارتی اور پاکستانی دونوں ممالک کے شہری ہیں۔ وہ بھارت میں رہتی ہے۔ وہ بھارتی اور پاکستانی دونوں ممالک کے شہری ہیں۔  
28 سال کی بھارتی بیٹی جو بھارت میں رہتی ہے۔ وہ بھارتی اور پاکستانی دونوں ممالک کے شہری ہیں۔ وہ بھارت میں رہتی ہے۔ وہ بھارتی اور پاکستانی دونوں ممالک کے شہری ہیں۔  
289-933-2863  
E-Mail: hamza-raes@hotmail.com

**MATRIMONIAL**  
Looking for proposal from Canadian, U.S. citizen/green card/PR card, sunni muslim resident. Must be unmarried and well settled.  
1) Girl age 21 bachelors degree Unmarried resident saudi Urdu speaking, Indian Sunni muslim fair and good looking  
2) Girl age 39 masters degree. Unmarried working in us in management. Urdu speaking, Indian Sunni muslim fair and good looking  
contact rishta@toke.com

**MATRIMONIAL**  
Honest Man 63, living in Pakistan, Good Looking Single Looking for a Soul Mate divorced, widow kids or no kids, Muslim Canadian Citizen.  
Whatsapp Naem Suleri +92 312- 410- 8485

**ضرورت رشتہ**  
عمر 45 سالہ لالہ لالہ کا وہ بھارتی اور پاکستانی دونوں ممالک کے شہری ہیں۔ وہ بھارت میں رہتی ہے۔ وہ بھارتی اور پاکستانی دونوں ممالک کے شہری ہیں۔  
بھارت میں رہتی ہے۔ وہ بھارتی اور پاکستانی دونوں ممالک کے شہری ہیں۔ وہ بھارت میں رہتی ہے۔ وہ بھارتی اور پاکستانی دونوں ممالک کے شہری ہیں۔  
مزید معلومات کیلئے ہمیں سے رابطہ کریں۔ 437-770-4404

**MATRIMONIAL**  
My brother 31, 58, Canadian citizen, Sunni Muslim, BSc from Pakistan working in Toronto. My sister 32, 54, Canadian citizen, Bsc from Manitoba University, medical student Caribbean School.  
Contact #204-963-9830

**ضرورت رشتہ**  
بھارتی بیٹی عمر 38 سال لالہ لالہ ایک نیک و نیک ماں اور باپ کے ساتھ ہے۔ وہ بھارت میں رہتی ہے۔ وہ بھارتی اور پاکستانی دونوں ممالک کے شہری ہیں۔ وہ بھارت میں رہتی ہے۔ وہ بھارتی اور پاکستانی دونوں ممالک کے شہری ہیں۔  
راہنما: 647-710-0054

**MATRIMONIAL SERVICES**  
SUNNI MATCH SERVICES-Please call Mr. Qadri @ 647-556-4200 for a free consultation and registration. We also provide marriage consultation, Islamic mediation, and marriage preparation services, for additional fees upon request. Our office is conveniently located in Oakville. We will try to help you find the best match, inshallah. Ontario GTA in Canada only, we do not provide services outside Ontario or overseas. Please provide profile in WHATSAPP @ 647-556-4200, or email QADRI@SMATCHCA or visit us on the web: SMATCHCA. Sunni Muslims and serious inquires only please

**Lamb/Goat Slaughterhouse Opportunity**  
Partnership opportunity available in Slaughterhouse project Big pasture land with shed, location is 1 hour away from Toronto on 401 East, No calls, message only at 647.771.0959 to learn more.

**MATRIMONIAL**  
Sunni Muslim, 38 years old Pakistani/Canadian Citizen single male seeking a suitable match for marriage. Only from Canada or USA. Female should be permanent resident or citizen of Canada or USA.  
Please contact for more info  
416 984 5971

## Pieces of rubber, listeria and undeclared allergens: Several food products recalled in Canada

Health Canada has issued a number of food recalls in the last month, ranging from chocolate containing undeclared allergens to gluten-free mugs containing pieces of rubber.

More than five food products have been recalled in the last few weeks due to the presence of milk - specifically, the presence of milk in the absence of warning.

Some of the food products that have been recalled recently because they failed to warn on the label that they had milk in them include chocolate treats, chocolate coffee beans, a protein powder that was chocolate flavoured and plant-based breakfast sandwiches, among others.

On Saturday, Dark 35 per cent Cacao Almond Bark by Olivia & Leo Gourmet Treats and the Chocolate Lab brand Chocolate Coffee Beans were both recalled due to undeclared milk.

Both were sold in Alberta and online, while the Chocolate Lab coffee beans were also sold in Ontario.

Saturday also saw the recall of certain Alpha Foods brand plant-based breakfast sandwiches and burritos due to undeclared milk - sandwiches which were sold nationally. This recall was first posted on Dec. 16, but was updated Saturday to include three more sandwiches with labels that failed to warn consumers about the presence of milk.

The concern, according to Health Canada, is that not declaring the presence of milk on the label could lead to allergic reactions if a person who cannot tolerate milk consumes these sandwiches.

High Impact Plant Protein, chocolate floss, sold by Power Life by Tony Horton, has also been recalled for undeclared milk of Dec. 19. This protein powder is sold online and Health Canada's recall was triggered by a recall of this product in another country.

Although there have been no recorded allergic reactions in connection with these products so far, undeclared egg has caused at least one reaction in a customer.

On Wednesday, two types of Feast sandwiches by Circles & Squares were recalled due to the presence of egg in the sandwiches that wasn't included on the label. These were sold in Ontario and are connected to one reaction in this time, according to Health Canada.

A chicken pot pie made by Scotian Isle Bakod Goods and sold in Ontario was also recalled on Dec. 16 due to undeclared egg, but the recall was triggered by the company itself and hasn't been associated with any allergic reactions thus far.

**SALMONELLA, METAL AND RUBBER**

Some recent recalls have been spurred by more unusual concerns such as salmonella, metal and rubber.

On Tuesday, Venetian Meats' Finocchiona Salami Sweet Fennel were recalled due to test results detecting possible salmonella contamination.

The products were sold in British Columbia, Alberta, Manitoba and Ontario. Consumers are warned to throw out any products that fall within the affected lots.

Food contaminated with salmonella can cause "serious and sometimes deadly infections," and even healthy people can experience nausea, vomiting, diarrhea and abdominal cramps as a result.

A type of cheese sold in British Columbia, Ontario and Quebec was also recalled on Dec. 16 due to potential contamination with an even deadlier bacteria listeria.

Though no official announcement has yet been made, last week the Globe and Mail reported that Ontario Premier Doug Ford's government would be introducing a Practice Ready Assessment (PRA) program as a short-term remedy to hasten licensing for immigrant family physicians following 12 weeks of supervised work.

In 2016, the Ford government scrapped a similar pilot program to cut costs, making Ontario one of three provinces without a PRA program.

Now the College of Physicians and Surgeons of Ontario (CPSO), Ontario Health, the Ontario Medical Association (OMA), and the Touchstone Institute - which offers language benchmark assessments for nurses and physicians - to develop the process. After multiple requests by NCM, the Ministry of Health and Long-Term Care did not provide a cost estimate for the program this time around.

The pilot program will begin with a cohort of only 50 candidates - hardly enough to address the national shortage, says Caroline Ewert, manager of policy and advocacy with the Strategy, Policy and Research team at World Education Services (WES), a non-profit organization focused on helping immigrant professionals through the accreditation process.

"It's very low relative to what the demand is for physicians," Ewert told NCM. Last month, the Royal Bank of Canada reported Canada would be short 44,000 physicians by 2028. Statistics Canada reports that foreign medical graduates could potentially fill over half of those positions, "if immigrants with foreign degrees had jobs in their field at the same rate as the Canadian-educated population," according to its latest report on education, not including potential arrivals in the field between now and 2028.

"You also need to expand residency positions for (Internationally Trained Physicians). There's not enough access to do residency training, and

## Ontario's accreditation program won't alleviate doctor shortage, experts say



That's the main route for licensing in Canada.

Ontario offers 200 first-year residency positions every year for internationally educated physicians, according to a Ministry of Health spokesperson.

In March, the Ministry planned to allocate 20 per cent of its additional post-graduate positions to international medical physicians, focusing on first-year residency positions. But that's only 58 more residency spots over the next five years. Earlier in December, the Ontario college of physician's Registration Committee submitted a report to the province asking them to "create targeted or additional spots for Internationally Educated Physicians (IEPs) already in the province, including Canadians who have studied abroad and are looking to complete their residency in Ontario."

"As only a small number of residency positions are accessible to IEPs, Ontario is essentially limiting the opportunity to quickly grow our base of future physicians and support IEPs," reads a copy of the submission obtained by NCM.

"Taking immediate action now could create new opportunities for the summer of 2023, quickly injecting qualified IEPs into the system as trainees and creating a clear path to independent practice for this group."

Benjamin Pawlik is a C.C.-based lawyer and co-chair of a 2013 committee investigating how the foreign credential system works. She said the preferential treatment of Canadian and American medical school graduates has been a long-standing issue.

Last year, Pawlik says there were half years at the country's leading hospital, and 20 years of experience working as a nurse in Kuwait from 1995 until her arrival in Canada.

She spent most of her time between 2016 and 2019 wading through convoluted and ever-changing requirements, she says.

"There's no time frame," Jackie said. "You're just waiting for assessment, waiting for assessment."

After she completed a bridge program in nursing at George Brown in 2017, the CNO still denied Jackie eligibility to write the certification exam for a Registered Nurse (RN), stating she had to attend a year at university first.

"I was frustrated that after all this they wouldn't accept my university degree from India," she said.

An Internationally Educated Nurse assessor was assigned to Jackie's case in 2019, and she was given the opportunity to request an exemption to the university requirement. Within a couple of months, she secured her last necessary documents and received approval to enter the RNs exam, which has been working in the maternity ward at Scarborough Health Network in Toronto since passing the exam.

[caption id="attachment\_34531" align="right" width="339"] The College of Physicians and Surgeons of Ontario (CPSO) was founded in 1886, and acts as a regulatory body to ensure the quality of practice, huddling all factors of healthcare under its watch. [caption]

While the PRA is a welcome short-term solution for Ontario, Ewert said it isn't a silver bullet. In 2021, for instance, only 124 licenses were granted through a similar program nationwide. In an email to NCM, Pawlik wrote that "Practice Ready Assessments are only permitted in small numbers in family medicine in some provinces and in minuscule numbers in specialties." Ontario's first cohort will only focus on family medicine. That's why Ewert says there needs to be commitments to make the entire system more accessible and less cumbersome. She says there are language proficiency standards, medical licensing exams, RoS requirements, among others, that could be relaxed without sacrificing quality standards.

For instance, those seeking registration with the Ontario college of physicians must first meet a series of registration requirements set out by the College, including obtaining a license from the Medical Council of Canada and certification, by examination, by the Royal College of Physicians and Surgeons of Canada or the College of Family Physicians of Canada. Applicants must also be citizens or permanent residents, excluding temporary resident immigrants.

## More investment needed to counter COVID-19 misinformation, Canada's top doctor says

After a year that saw the highest number of COVID-19 deaths and a massive increase in infections, Canada's top doctor says more investments are needed to combat misinformation about vaccines and pandemic measures to ensure Canada is ready for possible new variants of concern.

"This is the pandemic that is occurring in (all) full-on social media age, and all of us had to learn how to deal with that as the pandemic evolved. And it's not easy," Dr. Theresa Tam said in a year-end interview with Global News.

Misinformation is false or inaccurate information, which can be spread innocuously by those who may not be fully informed of the truth. Disinformation is considered more deliberate and can include malicious content such as hoaxes, phishing and propaganda, according to a definition provided by the United Nations.

Tam called 2022 the "Omicon year" after the variant arrived in late 2021 and quickly became the dominant variant for the remainder of the year.

Omicon and its hundreds of subvariants have taught the world that SARS-CoV-2 could be much more contagious than previously thought and that the virus is cunningly adapting and evolving, Tam said.

For example, more than 70 per cent of Canadians have likely been infected with COVID-19 since Omicon arrived, compared to less than five per cent of the population before Omicon, according to blood test studies funded by the federal government through the national COVID-19 Immunity Task Force.

But the virus has also proved it is capable of presenting new surprises and challenges, which is why Tam says it will continue to be a public health concern in 2023.

Communicating this ongoing uncertainty has been challenging, Tam says, especially when Canadians are "fed up" with the pandemic.

But the rise of mis- and disinformation about COVID-19 vaccines and pushback against public health measures has made that task even more difficult, Tam admitted.

The lessons learned over the last three years of the pandemic have allowed Canada and the world to be better equipped to weather future waves or new variants of the virus, Tam said.

For example, the world now has bivalent vaccines that can prevent severe outcomes, antivirals like Paxlovid to treat symptoms and global surveillance systems to measure increases in cases and mutations of the virus - all of which were not available in 2020.

"We have these tools, and they can be rapidly deployed should we see a significant variant of concern," Tam said.

"And of course, the personal protective measures and systemic changes like improving ventilation (are) always going to be good in sum of better preparedness for future infections."

But one of the other lessons learned has been that collective action among populations is key to reducing risk - actions like seeing as many people vaccinated and boosted as possible, Tam said.

And when the advice keeps shifting over time as more information becomes known, it can be challenging, she said.

"I think there is a lot of misunderstanding... (among) people who actually enthusiastically took up the initial vaccine that (now wonder), 'Why do I need to get boosted, especially if I just had an infection?'" Tam said.

"I just think that collectively we understand that this virus keeps evolving unpredictably."

That's why she says more money is needed to counter narratives that could erode the progress Canada and the world have made when it comes to COVID-19.

**HAWKS**  
TRAVEL & TOURS LIMITED  
A NAME YOU CAN TRUST

**SPECIAL DISCOUNT**

to **PAKISTAN** for spring break, Ramadan and Eid

\*Fares starting from  
**CAD 1,250/-**  
subject to availability

**TORONTO TO KARACHI (OUTBOUND):**  
04TH MAR 2020 - 31ST MAY 2020.

**TORONTO TO ISLAMABAD AND LAHORE (OUTBOUND):**  
01ST APR 2020 - 31ST MAY 2020.

For Booking & Details  
**CALL NOW: 905 615 1616**  
info@hawkstravel.com  
WWW.HAWKSTRAVEL.COM

# GROW YOUR BUSINESS WITH PAKISTAN POST

Advertise your Business on Pakistan's Best Channels

Advertisement Rates Starts From **\$99** /Month

Special Offer on Canadian Base Pakistani Show on Geo TV

and in the Best Pakistani Newspaper in Canada

We have Best Rates for all Indian and Pakistani TV, Radio and Newspapers

Customize your Advertisement Package according to your Budget

For Complete Advertisement Solution for your Business

Contact Now  
**Azfar Amin**  
PH: 416 858 5114  
Email: azfar@pakistanpostcanada.com