

STOP Worrying!
Traffic Tickets?
SAEED A. KHAN
 Former Toronto Police Officer & Court Officer

Off: 416-423-4964
 Cell: 647-283-5426 Fax: 416-423-2165
 E-mail: saak2pak@hotmail.com

• ALL TRAFFIC VIOLATIONS
 • DVOR OFFENCES
 • DRIVE NO INSURANCE
 • LANDLORD/TENANT DISPUTES
 • SMALL CLAIMS COURTS
 • CRIMINAL MATTERS (SUMM)

1237 Woodbine Ave., Toronto, ON M4C 4E5
SOS PARALEGAL SERVICES

Follow us on Twitter and Facebook: Sagenext

THE ONLY SOUTH ASIAN MAGAZINE FOR ALL SOUTH ASIAN MARKETS

South Asian Generation Next

PH: 905-279-5600 | Email: pakistanpost2@bellnet.ca | Vol 15 | Issue 444 | July 14, 2022 | www.pakistanpostcanada.com

KINGSWAY
 اپنے گھر کے سب سے گھبرائے نہیں
 * آپ کو \$999 تک کا روادار ہے یہیں تو ہی نہیں
 گھر کے مالک نہیں
 * 0% Down Payment کے ساتھ 5.0% شرح تک
 * کم سے کم 0.75% کمیشن برٹ
 Islamic Finance Available

CALL: **MAZHER IQBAL**
416-875-4488
 Ph: 905-268-1000
 Off: 905-268-1000
 Email: erhan_mazher@hotmail.com

Ottawa announces new sanctions on Moscow but returns turbine to Germany for Russian pipeline

Canada's foreign affairs minister, **Mélanie Joly**, announced new sanctions against Russian agents and organizations on Friday and Saturday, with a focus on Russian disinformation efforts and industrial manufacturing.

But the federal government also said on Saturday it will grant "a time-limited and revocable permit" to Siemens Canada that allows for the return of a turbine to Germany. The turbine is used for Nord Stream 1, a set of natural gas pipelines connecting Germany and Russia.

Kyiv had urged Ottawa to keep the turbine, saying that shipping it back would violate sanctions on Russia. The Ukrainian government said on Sunday it was "deeply disappointed" with Canada's decision.

In Saturday's statement, the federal government said returning the turbine was integral for Germany's economy and its citizens, as the country is currently heavily dependent on Russian energy.

Russia has cut the flow of gas in the pipeline by 60 per cent, threatening to keep supply restricted if the turbine is not returned. Siemens said Sunday it was working to get the turbine back in operation as quickly as possible.

In the new sanctions announced on Friday, Ottawa said it is imposing restrictions on 29 agents and 15 entities owned or controlled by the Russian government involved in spreading Russian propaganda with respect to the war in Ukraine, Global Affairs said in a news release.



Among those sanctioned is **Sumbatovich Gasparyan**, the head of Russian-funded broadcaster RT's international department.

Joly made the announcement while attending the G20 Foreign Ministers' Meeting in Bali, Indonesia.

"The Russian propaganda machine must answer for its lies. Canada is committed to fighting disinformation wherever and whenever it is found," Joly said in the statement.

"Today, we make it clear to those who peddle deception: You will be held accountable. Canada stands with Ukraine."

Canada has now sanctioned more than 1,600 Russian agents or entities in response to Russia's Feb. 24 invasion of Ukraine. The sanctions prevent Canadians from engaging in any property dealing with those listed, making any goods available to them or providing financial services to them, among other things.

The government also announced that the import of certain gold products from Russia is now prohibited.

The products include unwrought gold, semi-manufactured gold, gold powder, monetary gold and jewelry made of gold.

The release highlighted other efforts from the Canadian government to counter Kremlin propaganda, including a website focused on countering false claims the Russians have made with respect to the war in Ukraine.

"Canada will continue to use this platform to shed light on how the Russian regime is using lies to justify its illegal, unprovoked and unjustifiable invasion of Ukraine," the news release said.

On Saturday, Global Affairs issued a statement saying Canada intends to expand existing sanctions on the oil and gas industries to include industrial manufacturing.

In a move meant to help "deplete President Vladimir Putin's war chest," sanctions will soon apply to "land and pipeline transport and the manufacturing of metals and of transport, computer, electronic and electrical equipment, as well as of machinery."

Russia assembling reserves near Ukraine for future offensive, says U.K. military intelligence

Russia is moving reserve forces from across the country and assembling them near Ukraine for future offensive operations, British military intelligence said on Saturday.

A large proportion of the new Russian infantry units are probably deploying with MT-LB armoured vehicles taken from long-term storage as their primary transport, Britain's Ministry of Defence tweeted in a regular bulletin.

The bulletin comes as Ukrainian defenders battled on Saturday to contain Russian forces along several fronts, officials said.

A missile strike on the northeastern city of Kharkiv wounded three civilians, its governor said, adding fighters had repulsed two Russian attacks near Dementivka, a town situated between the city and the border with Russia.

Russia's defence ministry said its forces hit two "bases of foreign mercenaries deployed near Kharkiv."

Southeast of Kharkiv, attacks continued in Luhansk and Donetsk. Those two provinces, parts of which were held by pro-Russian separatists before the conflict began in February, comprise the eastern industrial region of the Donbas.

Luhansk Gov. Serhiy Gaidai said on Telegram that Russian forces were "firing along the entire front line," though a subsequent Ukrainian counter-attack that hit weapons and ammunition stores had forced Moscow to halt its offensive.

Donetsk regional Governor Pavlo Kyrylenko said on the Telegram messaging service that a Russian missile had struck Drozhivka, a town behind the front line, and reported shelling of other population centres.

Russia, which claimed control over all of Luhansk province last weekend, denies targeting civilians.

Since Russia, which has also seized a big chunk of territory across Ukraine's south, started what it calls a "special operation" to demilitarize Ukraine on Feb. 24, cities have been bombed to rubble, thousands have been killed, and millions displaced.

Ukraine and its Western allies say Russia is engaged in an unprovoked landgrab.

Zelensky sacks multiple ambassadors

Meanwhile, Ukrainian President Volodymyr Zelensky said on Saturday that he had dismissed several of Kyiv's senior envoys abroad, including the country's outspoken ambassador to Germany.

Zelensky announced the sacking of Ukraine's ambassadors to Germany, India, the Czech Republic, Norway and Hungary and said new candidates

Russia assembling reserves near Ukraine for future offensive, says U.K. military intelligence



were being readied for the positions.

"This rotation is a normal part of diplomatic practice," he said in a statement.

It was not clear if the envoys would be reassigned new positions.

Zelensky has urged his diplomats to drum up international support and military aid for Ukraine as it tries to fend off Russia's Feb. 24 invasion.

Kyiv's relations with Germany, which is heavily reliant on Russian energy supplies and also Europe's biggest economy, are particularly sensitive.

Andriy Melnyk, who was appointed by Zelensky's predecessor as ambassador to Germany in late 2014, is well known among politicians and diplomats in Berlin.

The 46-year-old regularly engages in outspoken social media exchanges and has branded politicians and intellectuals who oppose arming Ukraine to fight the Russian invasion as appeasers.

Ukraine also faulted for nursing home fire by UN

A new United Nations report found that Ukraine's armed forces bear a large, and perhaps equal, share of the blame for a deadly fire that ripped through a nursing home in Stara Krasnyanka, is about 580 kilometres southeast of Kyiv, on March 11.

A Russian assault on the facility set off the fire, but the UN said Ukrainian soldiers took up positions inside the nursing home days before the attack - effectively making the building a target.

The report by the UN's Office of the High Commissioner for Human Rights doesn't conclude the Ukrainian soldiers or the Russian troops committed a war crime. But it said the battle at the Stara Krasnyanka nursing home is emblematic of the human rights office's concerns over the potential use of "human shields" to prevent military operations in certain areas.

At least 22 of the 71 patients survived the assault, but the exact number of people killed remains unknown, according to the UN.

Ukrainian authorities had previously placed the fault squarely on Russian forces, accusing them of killing more than 50 vulnerable civilians in a brutal and unprovoked attack.

with many people believing that "the United States is suffering from an increasingly serious bout of 'Chinaphobia.'"

Shortly before the Russian invasion, Beijing and Moscow announced a "no limits" partnership, although U.S. officials have said they have not seen China evade U.S.-led sanctions on Russia or provide it with military equipment.

Ukraine also faulted for nursing home fire by UN

A new United Nations report found that Ukraine's armed forces bear a large, and perhaps equal, share of the blame for a deadly fire that ripped through a nursing home in Stara Krasnyanka, is about 580 kilometres southeast of Kyiv, on March 11.

A Russian assault on the facility set off the fire, but the UN said Ukrainian soldiers took up positions inside the nursing home days before the attack - effectively making the building a target.

The report by the UN's Office of the High Commissioner for Human Rights doesn't conclude the Ukrainian soldiers or the Russian troops committed a war crime. But it said the battle at the Stara Krasnyanka nursing home is emblematic of the human rights office's concerns over the potential use of "human shields" to prevent military operations in certain areas.

At least 22 of the 71 patients survived the assault, but the exact number of people killed remains unknown, according to the UN.

Ukrainian authorities had previously placed the fault squarely on Russian forces, accusing them of killing more than 50 vulnerable civilians in a brutal and unprovoked attack.

THINKING OF BUYING OR SELLING?

Seller's
 List your Home For Only
\$999
 * some conditions Apply
 (2.5% Extra for the co-operating brokerage)

Buyer's
 Get the **1%** Cash Back
 Call Us Before Selling or Buying Your Home
 This will Save you Thousands of \$\$\$\$

Call: **Azfar Amin** Sale Representative **416-858-5114**

TEAM AMIN TAKE YOU TO THE RIGHT DIRECTION

CITYSCAPE REAL ESTATE LTD. BROKERAGE
 The Art of Realty

Canada's internet outage caused by 'maintenance'

IMAGE SOURCE, GETTY IMAGES

Rogers is the mobile carrier for nearly 11 million people in Canada. One of Canada's largest mobile and internet providers, Rogers, has apologized for the country-wide outage of its services which began on Friday.

The company's CEO Tony Staffieri said the failure followed "a maintenance update in our core network".

Transport, banking and emergency services were all hit by Friday's blackout, with 911 hotlines and bank ATMs left unavailable.

Canadians flocked to coffee shops and libraries to find a connection. The service outage began at 04:30 local time (08:30 GMT) on Friday and lasted for more than 15 hours, but most services have now been restored.

Mr Staffieri said the maintenance work "caused some of our routers to malfunction early Friday morning". The outage had a huge effect on a



wide range of services across Canada, serving as a reminder of how reliant society has become on modern communications. Many 911 services reported difficulties with incoming calls and hospitals asked on-call staff to come into work until the issue was resolved. One mother, Lara Morgan, described how she struggled to contact emergency services after her son was injured in a rugby game with an suspected spinal injury. Speaking to the Globe and Mail newspaper, she said she eventually found someone with a non-Rogers mobile phone to call 911, only to discover that ambulance services also relied on the Rogers network and

were having difficulties dispatching paramedics. Her son eventually made it to hospital and was not badly injured.

In a statement, Mr Staffieri said the company was "particularly troubled that some customers could not reach emergency services".

Toronto residents flocked to a local Starbucks to use the internet. The outage also caused some events to be cancelled, including the Toronto tour date of Canadian singer The Weeknd. The gig was due to take place at the home of the Toronto Blue Jays, which is owned by Rogers Communications.

In Quebec province, a Montreal court had to delay a trial hearing for disgraced fashion mogul Peter Nygard after jail officials were unable to connect him to a videoconference system.

Critics say the outage demonstrated a need for more competition in the Canadian telecoms sector.

Three companies - Rogers, BCE Inc and Telus Corp - control 90% of the market share in Canada.

Rogers alone is the mobile carrier of nearly 11 million Canadians, with a stake in everything from hockey to cable television.

The Bank of Canada is expected to hike interest rates again next week.

Here's what that could mean

Rising interest rates tend not to be welcome news to most people, especially not to Canadians who have borrowed heavily in order to buy a home in the country's red-hot real estate market over the past few years.

The latest rate increase is expected to come Wednesday and the central bank is expected to hike its key lending rate by as much as 75 basis points in order to combat runaway inflation.

There is a good reason why that might sound scary to many people, especially those who have recently purchased a home on a variable rate mortgage.

According to a report released this week by the Canada Mortgage and Housing Corporation (CMHC), more than half of all mortgages taken out in the second half of 2021 were variable rate mortgages, an anomaly not seen in the last 10 years in a country where people tend to strongly favour fixed rates.

Driven by steep discounts on variable rates, that trend continued for the first two months of 2022 as well, with more than 55 per cent of mortgages being taken out on a variable rate.

What's more, mortgage growth over the last 12 months ramped up to a level not seen since 2008, according to CMHC.

"So when we look at 2021, and even in early 2022, mortgage debt not only has been increasing but it actually accelerated. So we're talking about close to 10 per cent increase in mortgage debt compared to the previous year," CMHC Senior Economist Tania Bourassa-Ochoa told CP24.com in an interview. "So Canadians have high levels of indebtedness, and that is something that we've been monitoring very closely."

Obviously, it's a potential source of vulnerability to the housing system. So definitely something that we're looking at very closely."

Bourassa-Ochoa said the mortgages that have been taken out are also larger as people spend more to keep up with rising housing prices.

MORTGAGES LAST PLACE CANADIANS WANT TO STOP

She said those with variable rate mortgages will be the first to feel the pinch when rates rise, but added that "there are still some nuances" to the situation.

For example, those who have opted to regularly pay more than the minimum each month might not notice an increase in their payments, though they will be paying off less capital each month than they were before.

Mortgage delinquencies - the proportion of mortgages for which borrowers haven't made their payments for 90 days or more - are also still at record low levels.

While Bourassa-Ochoa acknowledged that mortgage delinquencies are a "delayed indicator" of debt troubles, she said mortgages are likely not the first place that debt problems will emerge.

"So I think in the next couple of months, in the next couple of quarters, it's going to be interesting to look at delinquencies on other credit products, like credit cards, auto loans, personal loans."

Those, she said, will likely be the initial indicators if Canadians do start feeling the squeeze from rising interest rates.

"Typically, those are the loans that are going to be delinquent first, if I could put it that way. So that could be an early indication prior to mortgage payments," she said. "Canadians will try to make every way possible to make their mortgage payments on time."

The latest CMHC report also points out that the recent acceleration in mortgage borrowing was due to increases in uninsured mortgages for both property purchases and refinancing. That's important because it indicates that most of the new debt is being taken out by individuals who are not over-leveraged (mortgage insurance is mandatory if one puts down less than 20 per cent of the purchase price on a property).

And while the acceleration in borrowing is at the highest level since 2008 when the subprime mortgage crisis in the U.S. triggered a recession, Bourassa-Ochoa points out that there are "a variety of different measures and tools" that were put in place to ensure stability in the Canadian housing system.

She points to a "stress test" implemented for borrowers in 2018 to ensure that they can withstand an additional two per cent increase in rates. Canada also has full recourse loans, meaning that lenders can seize

assets in a default situation if the sale of a home doesn't cover the debt, making it less attractive for borrowers to walk away from their homes if they get in trouble.

And despite the recent craze for variable rates, Bourassa-Ochoa points out that the majority of mortgages in Canada are still five-year fixed products and borrowers will therefore only face higher rates when it comes time to renew.

That sentiment is echoed by RBC Chief Economist Nathan Janzen.

"Speaking this week, he said that the expected rate increase Wednesday would still bring the bank's overnight rate to just 2.25 per cent, still a historically low rate."

"We do expect more hikes to come. We have another 100 basis points over the next couple of meetings to get up to a (anticipated) 3.25 per cent overnight rate, so that will flow through the household borrowing costs," Janzen said. "Some variable mortgage rate payments reset immediately, effectively once the Bank of Canada changes interest rates, but for a lot of other mortgage holders it takes time. They only reset when you need to renew. So that's another reason why we expect the impact on household purchasing power to be delayed and see more of an impact into 2023."

RBC, the country's largest mortgage lender, is forecasting a mild recession for 2023, along with a 10 per cent drop in housing prices in the year ahead.

This week, the Toronto Regional Real Estate Board said that June sales were down 41 per cent compared to the same month a year ago, indicating that rising rates and uncertainty about the economy may already be cooling housing markets.

"THE MILLION DOLLAR QUESTION"

Mortgage brokers are definitely registering some of that anxiety from potential clients. "I guess, the million dollar question we get asked right away, right off the top, you know, is where interest rates are going," said Anthony Contino, owner and broker at Toronto's Sherwood Mortgage Group.

"If we all knew that, if we had that crystal ball we'd be billionaires."

He said there is "a lot of the uncertainty" when prospective borrowers come in these days.

"There's a lot of uncertainty whether

or not they should be locking it in or riding the variable rate. So I think the consumer's a little bit intimidated for one and two, really uncertain as to where to go," he says. "The reality of it is a lot of them are renewing at whatever is being offered them by the banks because should they want to go elsewhere, they're needing to qualify all over again."

Even at historically low interest rates, the stress test makes it difficult for some people who are renewing to re-qualify with new lenders.

"For sure there's a panic button right now that many are pushing not knowing where to go," he said. "And there's a lot of folks right now that are coming up to maturity where once they were paying 2.2 or 1.9 on a fixed rate three, four years ago and now you know they're looking at 4.99. That certainly changes the landscape altogether as to what they can afford."

"So it's certainly a little bit of a grey cloud right now hovering over the consumer, right and their decisions as to what they should be doing."

He pointed out that variable mortgages may still be attractive to many people who are willing to weather a few increases in exchange for a discounted rate, but he said ultimately everyone needs to draw a clear assessment of their own financial picture before deciding what works best for them.

"The most prudent thing to do would probably be sit down with your partner or if you're on your own and just go through your whole budget and where you're at," Contino says. "It'll give you a better indication as to what your comfort level is going to be, where your risks lie as far as whether you're wanting to sort of play that variable game or stay in the fixed."

Once you've worked out and you've drawn that line down on paper and the pros and cons of either a fixed or a variable, I think only the consumer themselves know what they can afford."

The message from Contino and other lenders for the time being is to do your homework before taking out a loan or refinancing and make sure that it fits with your financial goals, even if rates do continue to increase somewhat.

"We know that that buying a home is one of the largest purchases that Canadians will ever make. So it's really important to do your research," says Andrea Metrick, Senior Director, Home Equity Finance at RBC. "It's really important to look at the right tools, have the right conversations around how purchasing a home at this time or you know when you're thinking about buying a home how that fits into your overall financial plan."

We are seeking a Live-In Caregiver

We are seeking a Live-In Caregiver to care for an elderly person at her home in Mississauga. You will provide routine healthcare to the patient and accommodation can be provided to you.


Responsibilities:

- Provide routine individualized care to the elderly
- Monitor and report changes in patient health status
- Provide personal care, such as bathing and dressing patients
- Provide specialized healthcare such as administering medication and changing bandages
- Teach family members ways to care for patient

Qualifications:

- Experience in home health, or other related fields
- Positive and patient demeanor
- Ability to build rapport with others
- Ability to handle physical workload
- Excellent written and verbal communication skills

Please contact Umar Farooq at 416-529-4856 for more information.



dentistrywithcaretoronto.ca
416 539 9887 smilecitydental17@gmail.com

Dentistry With Care

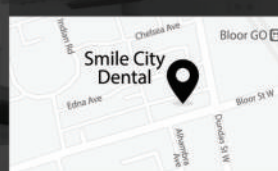
FREE SPECIFIED DENTAL TREATMENT Paid by the Government

Dr. AKBAR CHANG, D.D.S.
Dr. ANIL TEJANI, D.M.D.

We have over 20yrs of experience working with:

- Social Assistance Programs
- Refugee Programs
- Welfare
- ODSP
- First Nations
- Healthy Smiles Ontario Program
- Low Income Families
- Private Insurance Benefits

CALL: (416) 539 9887 FOR AN APPOINTMENT
Emergencies are seen on the same day!



1554 A Bloor Street West, Toronto, ON M6P 1A4



ORANGENOW

Orange Now Media

We Are Here! We Create and Deliver Quality Videos

- TU Commercials
- TV Shows
- Promotional Videos
- Music Videos
- Product Demos
- Cinematography
- Events Videos and Coverage

Contact :
Babar Syed : 416-300-1266
Fahim Khan : 647-786-3546
Office : 905-270-0144
www.angenow.ca

WORLDWIDE ISLAMIC MARRIAGE BUREAU

سرفہمائل خان 25 برسوں سے Matrimonial Services کی وجہ سے Toronto میں اپنی ایک شناخت رکھتی ہیں۔ بچوں کیلئے رشتہ چاہتے ہوں یا اپنے لیے زیادہ عمر ہو، پیچہ ہوں یا بلاطاً یا شہہ بنا، ہمچک ان سے رابطہ کریں

905-568-5222 نکاح کیلئے نکاح خوان کا بندوبست بھی ہے

محمد علی (انجینئر) اور صوفیہ دین کو شادی کی مبارکباد

Mon-Fri.... 10AM to 8PM
Sat 11AM to 6PM
Sun 3PM to 8PM

www.islamicmarriagebureau.com

Bank of Canada to hike key interest rate by 0.75%, economists say

Economists are predicting the Bank of Canada will hike its key interest rate by three-quarters of a percentage point on Wednesday as inflation rages on globally.

In Canada, inflation hit a 39-year-high of 7.7 per cent in May—well above the two per cent target rate central banks typically aim for.

The Bank of Canada raised its key interest rate by half a percentage point on June 1, bringing it to 1.5 per cent. Since then, it has signalled a willingness to move in a more aggressive direction.

"We may need to take more interest rate steps to get inflation back to target. Or we may need to move more quickly, we may need to take a larger step," said Governor Tiff Macklem at a news conference June 9.

Most economists are now forecasting a rate hike of three-quarters of a percentage point, following the lead of the U.S. Federal Reserve, which hiked its key rate by that amount last month.

"With the economy essentially at full employment, wages starting to



rise meaningfully, and headline inflation poised to test eight per cent in this month's consumer price index report, the Bank of Canada's task is clear at next week's decision," wrote BMO chief economist Douglas Porter in a weekly report on Friday.

The C.D. Howe Institute Monetary Policy Council, a group of economists who provide assessment of the Bank of Canada's monetary policy, has also called on the bank to raise its key rate by three-quarters of a percentage point.

But high inflation is far from a

solely Canadian phenomenon. Inflation in the United States hit a record-high of 8.6 per cent in May, while it came in at 9.1 per cent in the United Kingdom, the highest rate among G7 countries.

The Bank of Canada has identified both domestic and international factors leading to soaring inflation. Domestically, the bank says there's excess demand in the economy, while globally, supply chain problems and the war in Ukraine continue to put upward pressure on prices.

ISBC chief economist David Watt

said the Bank of Canada can bring down inflation driven by domestic factors, but when it comes to global factors such as oil prices, the bank is in a tougher spot.

"One of the issues that we're having when we discuss central banks is if global inflation is going to stay elevated, if they've got a mandate to get inflation back to below three to two per cent and the international inflation isn't going to cooperate, do they have to generate significant downturns in domestic economic activity?"

Laval University economics professor Stephen Gordon said the primary reasoning behind a larger rate hike would be to rein inflation expectations.

"If the bank goes more than 50 basis points, I think the reasoning is they want to ensure expectations don't get too wild," said Gordon.

The Bank of Canada's most recent business outlook survey showed Canadians believe inflation will remain higher than previously expected -- and for a while. Canadians expect inflation to be at four per cent five years from now, the survey found.

Economists become concerned when people and businesses start

anticipating high inflation, as expectations impact future pricing of goods and services as well as pay negotiations.

to help people feel welcome. If you are searching for Eid-related activities in Canada, check your local events guides online or ask a member of the community.

If you're planning to be in Canada next Eid al-Adha, here are some resources and groups that offer services for Muslims.

"Muslimink.ca offers a directory for Muslims to connect in 16 different cities across Canada."

"Canadian Council of Muslim Women is an organization with chapters all over Canada dedicated to the empowerment, equality and equity of all Muslim women."

"National Council of Canadian Muslims is a non-partisan and non-profit organization that protects Canadian human rights and civil liberties, and challenges discrimination and Islamophobia."

"Muslim Welfare Canada runs food banks, meals on wheels programs for seniors, and shelters for women and children as well as refugees."

"Salam Canada is a volunteer-run organization dedicated to creating safe spaces for LGBTQ+ Muslims."

"Canadian Islamic Broadcasting Network is an online radio station that provides Islamic talk programming."

Shortage of doctors, nurses to be top concern at premiers' meeting in B.C.

A group representing emergency room doctors across the country has a message for Canada's premiers: come up with a co-ordinated plan to prevent their workplaces from being closed due to staffing shortages that are creating an unprecedented crisis in health care.

Dr. Anil Kapur, a spokesman for the Canadian Association of Emergency Physicians, said premiers gathering at a meeting in Victoria on Monday and Tuesday need to prioritize the recruitment and retention of health-care professionals, and not just in the short-term.

"We've been sounding the alarm about shortages of physicians and nurses for quite some time," Kapur said, adding the temporary closure of emergency rooms is particularly troubling in rural areas because the next closest ER is often far away.

One of the biggest gaps in the health-care system is the lack of nurses, said Kapur, an ER doctor in Ottawa.

"We recognize that our nursing colleagues are vital, that in (emergency) especially, the stresses on them are even more than they are on us because they bear more of the brunt of patient and family anger than we do."

A lack of nurses on wards means patients who have been admitted to hospital languish in emergency departments, leaving fewer beds available for those stuck in waiting rooms, including people who don't have a family doctor, Kapur said.

Data from the Canadian Institute for Health Information shows admitted patients across Canada waited 38.3 hours in emergency rooms in 2019-2020, up from 29.3 hours five years earlier. The total number of visits spiked to nearly 1.6 million during that time, up from just over 1.1 million.

The figures apply to 90 per cent of patients, and Kapur said 10 per cent waited even longer.

British Columbia Premier John Horgan, chair of the Council of the Federation made up of the country's 13 premiers, has joined his colleagues to call on the federal government to increase its share of health-care spending from 22 to 35 per cent as they try to implement initiatives aimed at improving the system.

Horgan said he met with Justin



Trudeau last November when the prime minister visited British Columbia following catastrophic floods. He said he told Trudeau about the premiers' concerns regarding health costs, which will be discussed at their first in-person meeting in three years.

Trudeau committed to assembling a team to work on health funding, but that has not yet materialized, Horgan said in an interview.

"Eight months of what I thought was going to be a concerted effort has produced nothing other than a meeting in Victoria where all of us will gather to express our profound disappointment at the lack of leadership from Ottawa," he said.

Trudeau said the federal share of spending on health-care transfers would be negotiated after the COVID-19 pandemic winds down.

Horgan, who criticized April's federal budget for not including health funding, said he and his colleagues are ready to address Ottawa's expectations of any accountability measures that would come with more money.

But premiers first need to know what types of "strings" will be attached to it, he said, adding national solutions are needed to deal with problems plaguing provinces and territories.

But Horgan suggested he was not in favour of jurisdictions working together to nationally license health-care professionals, allowing them to work anywhere in the country, because that would amount to "poaching" people after their training has been paid for.

Ontario Premier Doug Ford said his province has an ambitious plan to rebuild its health-care system, and the federal government can help by paying its fair share of health funding.

Canada targets oil and gas manufacturing in new Russian sanctions

Canada is targeting Russia's oil and gas sector as part of a new round of sanctions announced Saturday.

The federal government announced that in an effort "to help deplete (Russian) President Vladimir Putin's war chest" and limit Russia's ability to wage war in Ukraine, Canada will expand existing sanctions on the country's oil, gas and chemical industries by including industrial manufacturing.

A statement released by Global Affairs Canada says the new measures will prohibit Canadian services from contributing to the production of goods made by these sectors.

"Canada is unwavering in its support of Ukraine's sovereignty and territorial integrity. Putin's unjustifiable war has affected millions in Ukraine and across the world. That is why we will continue to target the Russian regime's coffers," Foreign Affairs Minister Melanie Joly said.

Altogether, oil, gas, chemical and manufacturing make up more than 50 per cent of Russia's federal revenues, the statement says.

Along with land and pipeline transport, the latest sanctions will include the manufacturing of metals, as well as transport, computer, electronic and electrical equipment manufacturing and machinery.

Canadian businesses will have 60 days to comply with the sanctions.

The announcement comes a day after the federal government announced additional sanctions against Russian media, as well as the head of the Russian Orthodox Church, Vladimir Mikhailovich Guryandev, who has spoken favourably of Putin's war in Ukraine.

As of July 7, Canada has sanctioned more than 1,600 people and organizations in Russia, Ukraine and Belarus since 2014 following Russia's annexation of Crimea, including more than 1,150 since the invasion of Ukraine in February, Global Affairs Canada says.

How Muslims in Canada are celebrating Eid ul-Adha

On Saturday, Muslim communities across Canada are celebrating Eid ul-Adha, marking the end of the Hajj, the annual Islamic pilgrimage to Mecca.

Eid ul-Adha is a time to gather with family and friends, share a special meal, provide aid to those in need, and reflect on the meaning of sacrifice.

Throughout the country, Canadian Muslims are celebrating with carnivals, games, food, and bazaars. Mosques are offering communal religious ceremonies and services.

There are more than 1 million Muslims in Canada. It is the second-largest religion in the nation after Christianity. Most Muslims live in Canada's largest cities: Toronto, Montreal, Vancouver, Edmonton, and Calgary.

An often-cited 2016 Environics survey suggests that Muslims are more proud of being Canadian than the overall population and that the source of their pride comes from Canada's freedom and democracy.



Daniel Stockemer's book Muslims in the Western World further analyzes that Muslims in Canada show a comparatively high level of satisfaction with their lives, and feel Canada treats them better than comparable Western countries.

Muslims have lived in Canada since 1871 when the Census found 13 European Muslims among the population. Then in Regina, Saskatchewan in 1934 the first Muslim organization was registered by immigrants from Lebanon. The first mosque was established in 1938

in Edmonton, Alberta. The story of Canada's first mosque. In the 1930s, a group of determined Muslim women raised funds to create Canada's first mosque for Edmonton's growing Muslim community. Join our mailing list...

Although there was a small increase in the Muslim population following World War II, Muslim immigration picked up in the 1960s and 1970s after Canada removed the discriminatory tiered immigration system which gave preference to immigrants from western European nations. Instead, Canada shifted to a points-based system that assessed immigrants on economic factors such as work experience, education, and language ability.

Throughout their long history in Canada, Muslims have contributed to the nation's politics, business, sport, art, entertainment, journalism, science, and all other aspects of Canadian culture.

There are a number of resources and services run by Muslims for Muslims

in Edmonton, Alberta.

The story of Canada's first mosque. In the 1930s, a group of determined Muslim women raised funds to create Canada's first mosque for Edmonton's growing Muslim community. Join our mailing list...

Although there was a small increase in the Muslim population following World War II, Muslim immigration picked up in the 1960s and 1970s after Canada removed the discriminatory tiered immigration system which gave preference to immigrants from western European nations. Instead, Canada shifted to a points-based system that assessed immigrants on economic factors such as work experience, education, and language ability.

Throughout their long history in Canada, Muslims have contributed to the nation's politics, business, sport, art, entertainment, journalism, science, and all other aspects of Canadian culture.

There are a number of resources and services run by Muslims for Muslims

in Edmonton, Alberta.

The story of Canada's first mosque. In the 1930s, a group of determined Muslim women raised funds to create Canada's first mosque for Edmonton's growing Muslim community. Join our mailing list...

Although there was a small increase in the Muslim population following World War II, Muslim immigration picked up in the 1960s and 1970s after Canada removed the discriminatory tiered immigration system which gave preference to immigrants from western European nations. Instead, Canada shifted to a points-based system that assessed immigrants on economic factors such as work experience, education, and language ability.

Throughout their long history in Canada, Muslims have contributed to the nation's politics, business, sport, art, entertainment, journalism, science, and all other aspects of Canadian culture.

There are a number of resources and services run by Muslims for Muslims

HAWKS TRAVEL & TOURS LIMITED
A NAME YOU CAN TRUST

SPECIAL DISCOUNT

TRAVEL TO PAKISTAN

to PAKISTAN for spring break, Ramadan and Eid

*Fares starting from

CAD 1,250/-

subject to availability

TORONTO TO KARACHI (OUTBOUND):
04TH MAR 2020 - 31ST MAY 2020.

TORONTO TO ISLAMABAD AND LAHORE (OUTBOUND):
01ST APR 2020 - 31ST MAY 2020.

For Booking & Details
CALL NOW: 905 615 1616
info@hawkstravel.com
WWW.HAWKSTRAVEL.COM

GROW YOUR BUSINESS WITH PAKISTAN POST

Advertise your Business on Pakistan's Best Channels

Advertisement Rates Starts From

\$99 /Month

Special Offer on Canadian Base Pakistani Show on Geo TV

and in the Best Pakistani Newspaper in Canada

We have Best Rates for all Indian and Pakistani TV, Radio and Newspapers

Customize your Advertisement Package according to your Budget

For Complete Advertisement Solution for your Business

Contact Now
Azfar Amin
PH: 416 858 5114
Email: azfar@pakistanpostcanada.com